

Make A Difference



RSVP of Etowah & Cherokee County

October-December, 2022 Volume 20, Issue 4



AmeriCorps
Seniors

In the News:

Shred Day
Senior Angle Tree

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The Retired and Senior Volunteer Program (RSVP) is a federal program charged with leading efforts to expand the use of service and volunteering as key solutions that respond to our nation's most pressing challenges. Our mission is to improve lives, strengthen communities and foster civic engagement, through service and volunteering. RSVP is sponsored locally by the Etowah County Commission and federally by AmeriCorps.

Director's Corner

All good things evolve. RSVP has evolved over the years, and continues to progress depending on what volunteers and our nonprofit partners need or want.

I always think about change as Fall rolls in, but what does this have to do with volunteering?

Volunteering not only changes the recipients of your volunteer work, it also changes the volunteer. We all know this, but I wanted to remind you.

Remember, whatever you practice in daily life always becomes stronger-for better or for worse. Through service to others, you are defining and practicing the kind of person you want to be and that's the one choice we all have every day.

Never forget that all of the positive changes you make for others, even the small ones, also have positive impacts on your physical, emotional, mental & spiritual health.

Go change the world!

Statistics:

New Volunteers: 3
Total Volunteers: 227
Number of Stations: 50
Volunteer producing hours: 13,193.52
Value of Hours: \$289,201.95
(According to federal guidelines, the value of a volunteer's time \$21.92)

In the News

We're always looking forward to what is on the horizon – and we are FALL-ing into action with some events!

Saturday, October 22nd RSVP will host our annual Free Shred & Drug Take Back Day. Volunteers, a big Shred It truck, and agents from the Etowah County Drug Enforcement Unit (DEU) will be in the parking lot of the Etowah County Courthouse (800 Forrest Avenue) to shred all of your personal paperwork that you need to get rid of (it's much safer than throwing it away or burning it) and collect all of your old or unused medications. DEU agents dispose of these old drugs in the most environmentally-friendly way which saves space in our landfills and keeps it out of our waterways and away from curious animals and children.

Then in November we will sponsor our Senior Angel Tree. We don't actually know who these angels are, we just know that they have asked for holiday help and that they are a senior citizen, then we ask people to adopt one (or two!). Help make the holiday season special for everyone!

Success Story

We held our "Old West" themed volunteer recognition on August 31st, at the Downtown Civic Center. We had a wonderful turnout for this event, and missed not having one for the last three years. Our delicious meal was catered by Mr. Willie Sayles, students from Job Corp came and helped serve our food, plus we all enjoyed listening to songs performed by members of the Theatre of Gadsden for our entertainment. We would like to give a shout out to the RSVP Advisory Council for helping decorate for the event and to everyone for being there. This event is the most tangible way we have to thank you for everything you do throughout the year and we hope you enjoyed it.

Volunteer Opportunities

*** Etowah Baptist Mission Center**

Volunteer to help in front office, sort clothing and food.

*** Manna**

Volunteers needed to deliver meals to homebound individuals.

*** Habitat for Humanity**

Volunteers are always needed for various parts of construction.

***Tax Program**

RSVP tax assistance program will begin in January and volunteers are needed as tax preparers and greeters.

If you are interested in volunteering at any of these locations or others, please call our office at 256.549.8147.

Volunteer Recognition

The winners of our on-time, timesheet drawing are *Cathy and Mike Struntz*. Mr. and Mrs. Struntz have been volunteers with RSVP for two years at Manna and Habitat for Humanity. Congratulations and thank you for everything you both do in our community.

This Quarter we would like to recognize *Melba Lolie*, She currently volunteers at the Etowah Community Free Clinic and has been volunteering with RSVP for 8 years. "Her main focus is the medicine room. She fills the never ending medication lists, cleans the clinic and organizes the med room which I constantly clutter up. She goes through the medicines, removing outdated ones. She is innovative and is continuously suggesting ideas to make not only the med room run more efficiently but the entire clinic as well. Not only am I blessed because she devotes so much time to the Clinic but also to the citizens of Etowah County. She answers the phone, and because she is so knowledgeable about so many services provided by Etowah County, she shares this information with others. She, too has to put up with me. I love this extremely helpful volunteer, who has become like a sister to me". *Submitted by Laura Slezak with the Etowah Free Community Clinic*



Upcoming Events

October 5th– Health Fair @ Carnes Senior Center
9am till 11am

October 6th– Etowah County DHR Resource Expo
10 am – 2 pm Call Johnna Traffanstedt
at 256.549.4232 for more information

October 6th– Etowah Pregnancy Testing Center
2022 Choose Life Fundraiser.
Call 256. 442.6101 for more
information

October 15th– December 7th— Medicare open
Enrollment. Call Council of Aging
at 256.543.3616 for help choosing the
best plan.

October 22nd- Shred Day located at Etowah County
Courthouse from 10am-2pm

November 11th– Veteran’s Day
Thank-you to all that
Served (RSVP office will be
closed)

November 17th- Smarter Seniors Workshop

November 24th- Thanksgiving
(RSVP office will be closed
the 24th– 28th)

December 24th- Christmas
(RSVP office will be closed
from Dec 23rd—27th)

Word Search– Hard Words to Say

Y I M Z W J C E T A V I T S E R J K M X O H Y
P A L I M P S E S T U X D T T E G C N D M K Y
R B G N O I T A L U B A N N I T N I T E P D P
O O Q I G N I K N U L E P S M E D F V T H E U
P P A N G L O S S I A N Z D C M I T R A A F S
R Y K J P E T R I C H O R N F O U N E L L E I
I H F R I P P E T Q J A N C T N V A T U O N L
O G U F S U S U R R U S X J A A J G X B S E L
C T A T T E R D E M A L I O N M S A O O K S A
E D E M O R D N I L A P U N O O T M Y B E T N
P J R C N X D W E H G N A P S M M R Y M P R I
T S X M L P E D I A N S W H U G E E G O S A M
I G N I T A V R E N E J C L M Y S T Y C I T O
O G E R Y T H R I S M A L I H H I X Z S S E U
N R C F M O H F G N Y N A L T P S C Y I G P S
R G G A I S E N M O T P Y R C S C E S D O H C

TINTINNABULATION

DISCOMBOBULATED

OMPHALOSKEPSIS

PROPRIOCEPTION

TATTERDEMALION

PUSILLANIMOUS

CRYPTOMNESIA

DEFENESTRATE

PANGLOSSIAN

ERYTHRISMAL

PALINDROME

ENERVATING

PALIMPSEST

SPELUNKING

TERMAGANT

SUSURRUS

ESTIVATE

SPANGHEW

FRIPPET

SYZYGY

TMESIS

RSVP

AARP – COOSA VALLEY
CHAPTER #3337

BIG BROTHERS/BIG SISTERS

BOYS & GIRLS CLUB OF
GADSDEN/ETOWAH COUNTY

CATHOLIC CENTER OF
CONCERN

CENTRAL-CARVER
FOUNDATION, INC.

CHEROKEE COUNTY
HEALTH & REHAB.

CHEROKEE COUNTY
HISTORICAL MUSEUM

CHEROKEE VILLAGE
ASSISTED LIVING

CIRCUIT CLERK'S OFFICE
OF ETOWAH COUNTY

CITY OF GADSDEN

COMMUNITY ACTION
AGENCY

COUNCIL ON AGING

ETOWAH BAPTIST
MISSION CENTER

VOLUNTEER

ETOWAH COUNTY DEPT. OF
HUMAN RESOURCES

ETOWAH COUNTY
PREGNANCY TESTING
CENTER

ETOWAH FREE COMMUNITY
CLINIC

ETOWAH HISTORICAL
SOCIETY

EXTENDED FAMILY

FAMILY SUCCESS CENTER

FIRST CALL FOR HELP

FLOYD CHEROKEE MEDICAL
CENTER

FREEDOM CENTER OF
GADSDEN

GADSDEN PUBLIC LIBRARY

GADSDEN QUILTERS GUILD

GADSDEN REGIONAL
MEDICAL CENTER

HABITAT FOR HUMANITY

HEAD START

STATIONS

HUMANE SOCIETY OF
GADSDEN

MANNA

PHYSICIANS WHO CARE

PILOT CLUB

READING BUDDIES

RIVERVIEW REGIONAL
MEDICAL CENTER

RSVP ADVISORY BOARD

RSVP COMMUNITY SERVICE
VOLUNTEERS

RX HELP

SALVATION ARMY

SENIOR NUTRITION CENTERS

TAX COUNSELING PROGRAM

TELE-CHEK

THE LOVE CENTER

UNITED WAY OF ETOWAH
COUNTY

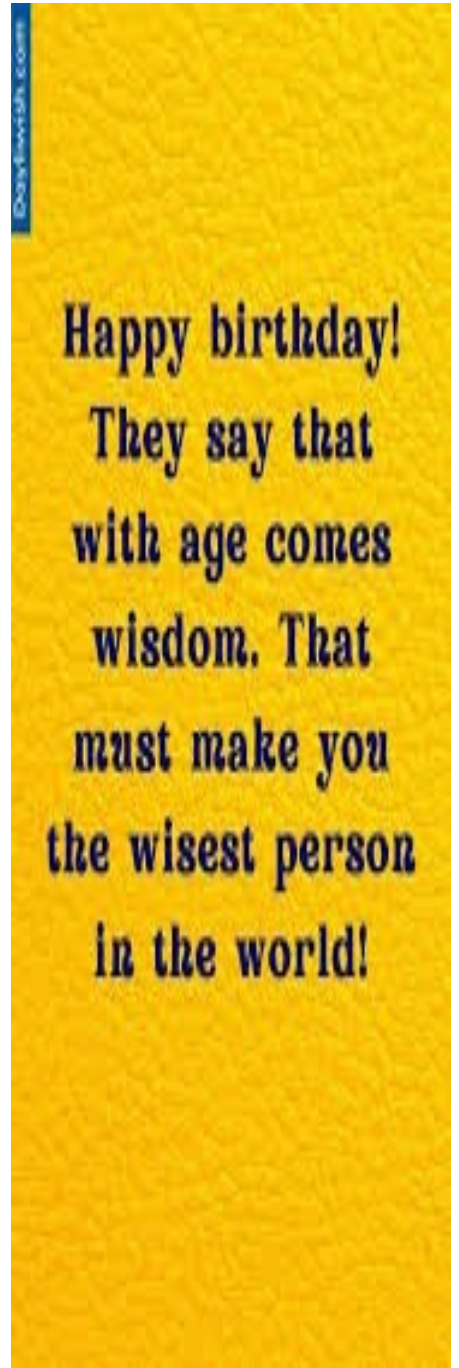


VOLUNTEER

Sarah Trammell	10/01
Carolyn Jentzen	10/02
Betty Woodward	10/03
Mary "Liz" Howell	10/08
Susan Wolford	10/10
Shirley Steapleton	10/12
Cynthia Toles	10/13
Dianna Williams	10/18
Bonnie Childs	10/22
Sonya Nesbitt	10/24
Theresa Beverly	10/25
Danny Phillips	10/26
Glenda Thornton	10/26
Faye Edwards	10/29
Wayne Farley	10/29
Barbara Mosley	10/29
Christina Ellis	10/31
Ann Beddingfield	11/03
Ray St. John	11/04
Sherre McGinnis	11/11
Alma Alford	11/23
Treasia Spelce	11/24
Amelia Millie Cartrett	11/26
Jeanette Boggs	11/28

BIRTHDAYS

Jimmie Leonard	11/29
Rebecca Hilleke	11/30
Portia Foster	12/01
Kay Kellen	12/01
Sue Myers	12/01
Dolly Thomas	12/02
Sally Shamblin	12/04
Kathy Blattel	12/05
Eloise Turk	12/07
Judy Smith	12/08
Rebecca Tinker	12/08
Sandra B Plummer	12/15
Donna Lemons	12/16
Nina Tenerani	12/17
Maureen Latronico	12/18
Elizabeth Cline	12/20
Evelyn Westcott	12/21
Erma Davidson	12/22
Kenneth Means	12/22
Frances Lipscomb	12/25
Stephen Scharfenburg	12/26
Linda Ellison	12/28
Patricia Hill	12/28



RSVP:

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Gadsden AL 35901

PHONE NUMBER:

256.549.8147

Email:

tpondick@etowahcounty.org

RSVP Staff

Director– Traci Pondick

Secretary/Reading Buddies

Coordinator– Rachel Wood

RSVP ADVISORY COUNCIL

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**WE'RE ON THE WEB!!!
SEE US**

www.etowahcounty.org



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FOLLOW US ON TWITTER!

[Twitter.com/etowahrsvp](https://twitter.com/etowahrsvp)



ADD US ON INSTAGRAM!

http://www.instagram.com/volunteers_of_etowah/

**Please Shop at these Local Businesses and Say
“Thank you” for Supporting RSVP!!!**

Advance Auto Zone

Advance Cardio Association

Alacare

Alaco Pharmacy

AL Teacher’s Credit Union

Barone’s Pizza Buffet

City of Gadsden

Cold Creek Honey

Cothran’s Bakery

Discount Pest Control

Exchange Bank

Family Savings Credit Union

Gadsden Health and Rehab

Gadsden Public Library

The Healing Tree

Hokes Bluff Drug Shoppe

Keith’s Auto Trim

King’s Olive Oil Company

Laura Lee’s On Broad

Life Insurance Company of AL

Local Joe’s

McClellan Chiropractic

Modern Woodmen

Northeast Orthopedics

O’Reilly’s Auto Parts

Partner’s Medical Clinic

Publix

Red Barn Farm and Garden

The Reporter Monthly

River Bank and Trust

Riverbend Family Dentistry

Salon Envi

Scoop Du Juor

Silver Lakes Senior Living

Smith and Bailey Dental

Southern Skies Dermatology

Sports Mania

SuperBee Pharmacy

Sutton Bridge Full Service

Tameron Honda

Taming of the Ewe

Tigers for Tomorrow